

# Neuropsychiatry and Brain Injury Service - NABIS

The unit is a modern and spacious, purpose built ten bed facility for working age adults with complex needs arising from acute/chronic neuropsychiatric syndromes as well as congenital or acquired brain injury and whose psychological, cognitive, emotional or behavioural difficulties require inpatient treatment. We specialise in treatment of high risk behaviour, forensic presentations and patients with moderate to severe disability due to brain disease.

Our hospital has a track record of achievement and recognition in various treatment and clinical programmes.

As our service caters for various aspects of brain disease, there is opportunity for the patient to progress and reach considerable improvement through appropriate stages (the Care Pathway Approach) within a single specialised service.

## Service profile

Assessment and treatment programmes are carefully designed by the unit's full multi-disciplinary team, to assist the individual and their families in achieving an improved quality of life and to prepare them for rehabilitation. Our programmes have due emphasis on patient needs and aim to achieve excellent results in the shortest length of treatment time.

We have the ability to admit informal patients and those detained under the Mental Health Act.

Patients' personality, individuality and the needs necessary to assist them in self expression and quality of life, are of paramount importance to us, as is the participation of families and carers at all stages of assessment, care planning, CPA and discharge planning.

In addition to the statutory CPA requirements, referrers are regularly sent patient progress reports and, where appropriate, collaborative working is also considered. Referring teams are encouraged to attend our MDT reviews and other meetings.

## Admission criteria

Broadly speaking, our admission criteria requires at least one presentation from each of the two sections.

- Brain disease – physical/functional:
  - a. Acquired
  - b. Congenital/developmental
  - c. Suspected brain disease
- Mental illness:
  - a. Psychopathology
  - b. Behavioural disturbance
  - c. Cognitive impairment
- A referral is appropriate if there is need for:
  1. Evaluation and treatment of psychiatric, cognitive and behavioural symptoms which can accompany brain disease either as a direct result of the disorder or as a part of the individual's response to the disorder.
  2. Detailed neuropsychological assessment to determine specific nature and severity of cognitive dysfunction.

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## Our specialists

In addition to our standard complement of staff, the unit's dedicated multi-disciplinary team includes a full time consultant psychiatrist with interest in neuropsychiatry, a clinical neuropsychologist and a full time nurse specialist with specialised experience in neuropsych-brain injury.

Our neuropsychology service aims to provide state of the art diagnostic evaluations for a wide variety of neuropsychological conditions to evaluate intellect, memory, language and personality.

Treatment programmes are based on psychological re-enforcement of behaviours that are likely to improve patients' functioning and quality of life.

Our nursing staff and health care support workers receive ongoing training in neuropsychiatric conditions and brain injury.

Each discipline contributes frequently to patient treatment programmes and multi-disciplinary reviews.

Our team is multicultural and the individual's condition, gender, dignity, race, religious and cultural needs are recognised and fully respected in an empathic and de-stigmatised approach.



## Our fees

Our daily fee rate includes all treatment and therapies; we do not charge separately for special observations, and therapeutic leave, within the radius of 20 miles, is also included without extra cost.

Additional investigations such as ECG, EEG, radiology, blood samples, CT scan and other medical/neuropsychiatric and neuropsychological examinations are provided free of charge.

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